



Self-Harm Awareness Briefing Note

Introduction

The campaign will start on Monday 11th May and run until Sunday 17th May 2020.

Campaign

Self-harm can sometimes be misunderstood by adults working with or supporting children and young people. Unfortunately it can be viewed by some as "attention seeking behaviour" or that it is automatically indicative of an underlying mental health condition. This campaign seeks to assist all stakeholders to promote and/or access appropriate services. It also seeks to assist all stakeholders to recognise that self-harm is a behaviour. This behaviour may be underpinned by a child or young person experiencing difficulty in verbally expressing an emotion.

During a time of exceptional change due to the Covid19 pandemic this campaign also seeks to provide useful guidance and resources to support children, young people, parents, carers and professionals.

Campaign Objectives

- To raise the awareness of key messages relating to self-harm
- Increase the understanding of self-harm
- To raise awareness of the resources available to support children, young people and families who are suffering from with self-harm difficulties
- To raise awareness of the resources available to support professionals working with children/young people who self-harm.
- To raise awareness of the resources available to support the emotional wellbeing of children, young people during the Covid19 pandemic

LSCP partner's toolkit /campaign pack

- Briefing Note
- Suggested social media schedule
- Set of infographics
- Set of suggested tweets
- Key campaign messages and suggested useful resources- including a link to a "school's toolkit."
- Self harm awareness training briefing
- LSCP Posters

Your contact for enquiries and feedback is Zoe Walters, Audit and Policy Officer, Lincolnshire Safeguarding Children Partnership Zoe.Walters@lincolnshire.gov.uk

If you believe that a child may need additional support due to self-harm related behaviour contact the: Here for You Advice line on 01522 309120 who will signpost you to the appropriate service. They may request that you complete an Early Help Assessment.