

Healthy Relationships Campaign: Suggested Tweets

1. #HealthyRelationships Professionals can help young people to recognise the difference between harassment and stalking. Click here to access lesson plans for KS4 and KS5. <https://bit.ly/36wf0xg>
2. #HealthyRelationships. Professionals can complete free e: learning to learn more about healthy parental relationships. Find out more @ <https://www.lincolnshire.gov.uk/safeguarding/lscp/3?documentId=258&categoryId=20076>
3. #HealthyRelationships Perpetrators of child exploitation will try to control children or young people using Violence, Intimidation, Persuasion or Aggression. Offenders often start by befriending young people. This can include giving them "gifts". <https://bit.ly/3a3Vx83>
4. #HealthyRelationships Are you a parent or carer worried about your child's emotional/mental health during coronavirus or isolation. Click here to find information and support <https://bit.ly/3eo1HTo>
5. #HealthyRelationships Support is still available for victims of domestic abuse #YouAreNotAlone Find support from @edanlincs. This YouTube video gives information about some signs of domestic abuse <https://youtu.be/j9lpSil3hxY>
6. #HealthyRelationships Join the Stay Safe Team as we explore the adventures of Jessie and her friends. Why not learn the Makaton signs too? This is a fantastic resource to begin to educate your young children about staying safe while online. <https://bit.ly/3d3SZbD>
7. #HealthyRelationships Changes such as moving school, worrying about the Covid19 virus or bereavement can be stressful. This video aimed at those aged 11+, suggests useful hints and tips to help you and for you to be able to help others. <https://bit.ly/2yxbkyT>
8. #HealthyRelationships Are you worried that the impact of the Covid 19 pandemic could increase tensions within your household? Find useful support and advice to improve emotional wellbeing @ <https://bit.ly/3ej8mgH>
9. #HealthyRelationships Start the conversations with your children about how we can all work together to create a society in which everyone can flourish. Find out more @ <https://www.lincolnshire.gov.uk/directory-record/64907/hate-crime-awareness-activities-and-resources>
10. #HealthyRelationships Watch this film to find out about how to help friends who are being bullied online and what we can all do to make the internet a kinder place for everyone. <https://bit.ly/3d4BLLI>
11. #HealthyRelationships An important skill to teach children from a young age, is how to be assertive. Which means being able to stand up for themselves or other people in a calm and positive manner. Find out more @ <https://bit.ly/2yxIhMM>
12. #HealthyRelationships What is friendship? Factsheet and activities for foundation and KS1 (ages 4- 8) <https://bit.ly/3bSn90W> and KS2 (ages 9-11) <https://bit.ly/2ycQKno>



13. #HealthyRelationships When thinking about sex, consent is the one lesson that everyone needs to learn and understand. Young people can find out more @ <http://faceup2it.org/>
14. #HealthyRelationships A useful factsheet on healthy relationships can be found here: <https://bit.ly/35iNz9H> and the activity exploring what is a healthy relationship here: <https://bit.ly/3bSaGur>
15. #HealthyRelationships Advice for parents and carers working from home to support children and young people can be found here: <https://www.lincolnshire.gov.uk/directory/16/stay-safe-partnership/category/69>
16. #Healthy Relationships. Different families will have different needs and these can change over time. The Lincolnshire Family Services Directory can signpost you to the support that you may need. Find out more @ <https://lincolnshire.fsd.org.uk/kb5/lincs/fsd/home.page>