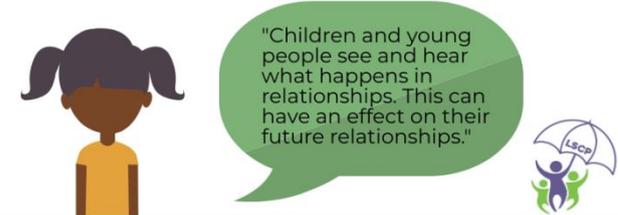
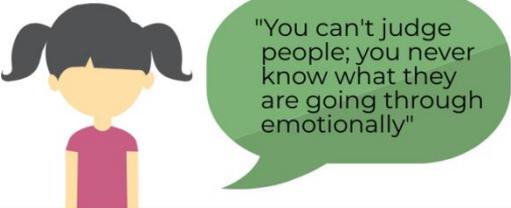
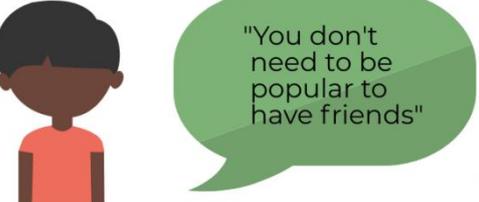


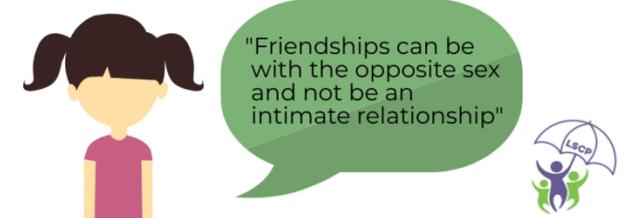
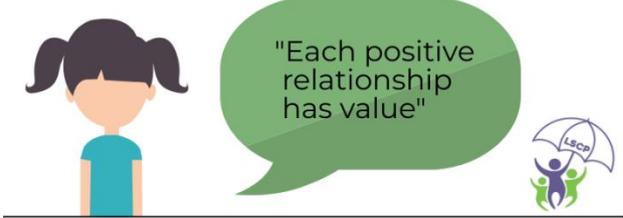
Healthy Relationships – Suggested Social Media Schedule 2020

Twitter, Facebook and Instagram

Date	Post	Infographic Number	Infographic
08.06.2020	1. #HealthyRelationships Professionals can help young people to recognise the difference between harassment and stalking. Click here to access lesson plans for KS4 and KS5. https://bit.ly/36wf0xq	1	Children and young people in Lincolnshire told us...  www.lincolnshire.gov.uk/lscp
	2. #HealthyRelationships. Professionals can complete free e-learning to learn more about healthy parental relationships. Find out more @ https://www.lincolnshire.gov.uk/safeguarding/lscp/3?documentId=258&categoryId=20076	2	Children and young people in Lincolnshire told us...  www.lincolnshire.gov.uk/lscp
09.06.2020	3. #HealthyRelationships Perpetrators of child exploitation will try to control children or young people using Violence, Intimidation, Persuasion or Aggression. Offenders often start by befriending young people. This can include giving them "gifts". https://bit.ly/3a3Vx83	3	Children and young people in Lincolnshire told us...  www.lincolnshire.gov.uk/lscp

	<p>4. #HealthyRelationships Are you a parent or carer worried about your child's emotional/mental health during coronavirus or isolation. Click here to find information and support https://bit.ly/3eo1HTo</p>	4	<p>Children and young people in Lincolnshire told us...</p>  <p>"You can't judge people; you never know what they are going through emotionally"</p>  <p>www.lincolnshire.gov.uk/lscp</p>
10.06.2020	<p>5. #HealthyRelationships Support is still available for victims of domestic abuse #YouAreNotAlone Find support from @edanlincs. This YouTube video gives information about some signs of domestic abuse https://youtu.be/j9lpSil3hxY</p>	5	<p>Children and young people in Lincolnshire told us...</p>  <p>"In a relationship, people need to know that some behaviours are not acceptable"</p>  <p>www.lincolnshire.gov.uk/lscp</p>
	<p>6. #HealthyRelationships Join the Stay Safe Team as we explore the adventures of Jessie and her friends. Why not learn the Makaton signs too? This is a fantastic resource to begin to educate your young children about staying safe while online. https://bit.ly/3d3SZbD</p>	6	<p>Children and young people in Lincolnshire told us...</p>  <p>"People should be aware of what shouldn't be happening in their relationships"</p>  <p>www.lincolnshire.gov.uk/lscp</p>
11.06.2020	<p>7. #HealthyRelationships Changes such as moving school, worrying about the Covid19 virus or bereavement can be stressful. This video aimed at those aged 11+, suggests useful hints and tips to help you and for you to be</p>	7	<p>Children and young people in Lincolnshire told us...</p>  <p>"You don't need to be popular to have friends"</p>  <p>www.lincolnshire.gov.uk/lscp</p>

	able to help others. https://bit.ly/2yxbkyT		
	8. #HealthyRelationships are you worried that the impact of the Covid 19 pandemic could increase tensions within your household? Find useful support and advice to improve emotional wellbeing @ https://bit.ly/3ej8mqH	8	Children and young people in Lincolnshire told us...  "What happens when you are a child can affect you when you are an adult"  www.lincolnshire.gov.uk/lscp
12.06.2020	9. #HealthyRelationships Start the conversations with your children about how we can all work together to create a society in which everyone can flourish. Find out more @ https://www.lincolnshire.gov.uk/directory-record/64907/hate-crime-awareness-activities-and-resources	9	Children and young people in Lincolnshire told us...  "Equality is good. We are all different and we are all worthy"  www.lincolnshire.gov.uk/lscp
	10. #HealthyRelationships Watch this film to find out about how to help friends who are being bullied online and what we can all do to make the internet a kinder place for everyone. https://bit.ly/3d4BLLI	10	Children and young people in Lincolnshire told us...  "Online bullying can hurt you, you could report them"  www.lincolnshire.gov.uk/lscp
13.06.2020	11. #HealthyRelationships An important skill to teach children from a young age, is how to be assertive. Which means being able to stand up for themselves or other people in a calm and positive manner. Find out more @ https://bit.ly/2yxlhMM	11	Children and young people in Lincolnshire told us...  "It is important for people to recognise the difference between messing around and bullying"  www.lincolnshire.gov.uk/lscp

	<p>12. #HealthyRelationships What is friendship? Factsheet and activities for foundation and KS1 (ages 4- 8) https://bit.ly/3bSn90W and KS2 (ages 9-11) https://bit.ly/2ycQKno</p>	12	<p>Children and young people in Lincolnshire told us...</p>  <p>www.lincolnshire.gov.uk/lscp</p>
	<p>13. #HealthyRelationships When thinking about sex, consent is the one lesson that everyone needs to learn and understand. Young people can find out more @ http://faceup2it.org/</p>	13	<p>Children and young people in Lincolnshire told us...</p>  <p>www.lincolnshire.gov.uk/lscp</p>
14.06.2020	<p>14. #HealthyRelationships A useful factsheet on healthy relationships can be found here: https://bit.ly/35iNz9H and the activity exploring what is a healthy relationship here: https://bit.ly/3bSaGur</p>	14	<p>Children and young people in Lincolnshire told us...</p>  <p>www.lincolnshire.gov.uk/lscp</p>
	<p>15. #HealthyRelationships Advice for parents and carers working from home to support children and young people can be found here: https://www.lincolnshire.gov.uk/directory/16/stay-safe-partnership/category/69</p>	15	<p>Parents and carers in Lincolnshire told us...</p>  <p>www.lincolnshire.gov.uk/lscp</p>

	<p>16. #Healthy Relationships. Different families will have different needs and these can change over time. The Lincolnshire Family Services Directory can signpost you to the support that you may need. Find out more @ https://lincolnshire.fsd.org.uk/kb5/lincs/fsd/home.page</p>	<p>16</p>	<p>Parents and carers in Lincolnshire told us...</p>   <p>www.lincolnshire.gov.uk/lscp</p>
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