

Travel to Work

When travelling to your workplace you will still need to observe the social distancing guidance whilst you are travelling, as far as is practical. Social distancing means staying 2 metres (6ft) apart from other people.

Car Sharing

If you normally share a car with people who are not members of your own household, then you should consider using alternative methods, as it is not realistic for reasonable measures to be taken to keep persons apart in a typical 5 seat passenger vehicles.

Alternatives methods to consider might include:

- Walking
- Cycling

Whilst maintaining a minimum distances of 2 metres from others.

If there are no other means of getting to and from work other than car sharing and if using a 5 seat passenger vehicle, then the following advice must be followed:

- Ventilation – if possible keep the windows open
- Sit as far as possible away from each other, for example passenger to sit in the back behind the passenger seat, and face the window
- Clean the car handles and other areas where passengers may touch, with BSEN 1276 sanitiser
- You should share your journey with the same individual and with a minimum amount of passengers, which would be 1 passenger at any one time.

Larger vehicles

The only instance where retaining a gap that adheres to social distancing measures would be if one of the following vehicles were used:

- Seven-seat, multi-purpose vehicle (MPV)
- Sport utility vehicle (SUV)
- Minibus, when a passenger and driver can be separated by a row of seats

Public Transport

When travelling by public transport:

- avoid rush hours and busy times wherever possible
- sit at least 2metres away from other passengers
- pay using the correct fare – so no handling of any change, or use contactless card/travel card
- cover your cough or sneeze with a tissue, then throw the tissue in the bin
- follow advice on staying away from others

From 15 June, you must wear a face covering on public transport. However, you should be prepared to remove your face covering if asked to do so by police officers and staff for the purposes of identification.

People can make their own face coverings at home, using scarves or other textile items. Published guidance is here [to help illustrate the process](#).

On arrival at your workplace, adhere to social distancing rules. Wash your hands with soap and water for at least 20 seconds as soon as possible, if soap and water are not available, use an alcohol-based hand sanitiser