Appendices to the Lincolnshire Local Transformation Plan for Children and Young People's Emotional Wellbeing and Mental Health

2022-2023 Refresh

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	1. Transparency and Co-Production	RAG Rating	Nai
	cators below are themed around overarching principles that should support areas to meet the Long-Tern Ins should be transparent, and all elements of planning and governance should be coproduced with child		
1.1	Is there a robust, current CYPMH Local Transformation plan, or CYPMH & WB Strategic Plan, or wider CYP plan (covering mental and physical health) in place, taking into account impact of Covid 19, including evidence of progress against the plan from previous years?		The LTP considers the ir evidence of progress aga years.
1.1a	Does the plan show how funding has been allocated and used in previous years, and plans for 2022/23 (including baseline figures from 2015/16 and latest out turn figures as reported on the NHS Mental Health Dashboard)?		The plan demonstrates h allocated towards CYP N 2015-16.
1.1b	Has the plan been republished by October 2022 in an accessible format for local children, young people, families/carers. (e.g. accessible URLs, available on partner websites and in accessible formats for CYP, parents, carers and those with a disability)?		The LTP refresh is on tai included on relevant Boa The final LTP refresh will Authority, LPFT and Lind Accessible formats of the published on the Local C
1.2	In the areas below, does the refreshed plan clearly evidence engagement and coproduction with CYP and their parents/carers across the age range (0-25s) and from a range of diverse backgrounds, including groups and communities with a heightened vulnerability to developing a MH problem and CYP with Learning Disability (LD), Autism or Attention Deficit Hyperactivity Disorder (ADHD)?		Prevalence data and loc Section 3 Understanding Health Inequalities, show
1.2a	governance?		See above. In addition, F embedded into CAMHS, and the new MHSTs and the Online Counselling S peer support/lived experi
1.2b	needs assessment?		Section 3 - Understandin Health Equalities.
1.2c	service planning?		Engagement with CYP a strong focus of throughou provided within the section
1.2d	service delivery and evaluation?		Included within all releva refresh.
1.2e	treatment and supervision?		As above
1.2f	feedback to inform commissioning and services?		As above

ren and young people aged lies.

e impact of Covid-19 and against the plan from previous

how system-funding has been MH services annually since

target for completion and is oard agendas for approval. vill be published on Local ncolnshire ICB website. the LTP refresh will be Offer.

ocal need included within ng Local Need & Advancing owing vulnerable groups.

, Peer Support Workers are S, Healthy Minds Lincolnshire nd Kooth Ambassadors within Service. Further expansion of erience and parent/carer roles.

ling Local Need & Advancing

P and parents/carers was a nout. Further information is ction 1 of the LTP refresh.

vant sections of the LTP

	2. Whole System Working	RAG Rating	Na
	cators below are themed around overarching principles that should support areas to meet the Long Term e Plans are a great opportunity to articulate how strong partnership working is enabling your area to work		
2.1	Does the plan align with the ICB plan and other local CYP Plans to meet the ambitions outlined in the Long Term Plan, including operational, workforce and recovery plans submitted as part of the 2022/23 planning round?		The Lincolnshire ICS Sy CYP Mental Health Loca aligned in their commitm for CYP and related high The 2022 refresh reflect and recovery action plan 2022/23 planning round.
2.2	Does the plan align with other key strategic reforms and plans for children and young people overall, as well as CYP with MH conditions, e.g. Transforming Care, special educational needs and disabilities (SEND), and Youth Justice?		The S75 agreement in p Lincolnshire ICB and Lin Children's Services allow across services and acr needs assessments and both emotional wellbeing as well as Children's Se and Youth Justice e.g. F Children's Services proje practitioners within the to Lincolnshire is a vangua implementation of the H Framework for Integrate enhancing the Future4M integrated Complex Nee CYP MH plans are align LDA roadmap.
2.3	Is the area working with whole system CYP partners, including education (early years settings/nurseries, schools, alternative education providers including pupil referral units, further and higher education institutions), local authority, voluntary and community sector and NHS physical healthcare settings?		The plan reflects eviden system CYP partners in social care, education, a acute/urgent and emerg
2.4	Have the following relevant partners been involved in developing and delivering the refreshed plan for 2022/23, including information about system roles and responsibilities:		Upon publishing the LTF
2.4a	The Chair of the ICB/ role responsible for CYPMH in ICB?		signed off by the Mental
2.4b	The chair of the Health and Wellbeing Board and their nominated lead members?		Board. The Governance structu
2.4c	Local authorities: social care partners, Directors of Children's Services, Directors of Public Health, multi		of the LTP provides furth
2.4d	Agency safeguarding arrangements, key strategic education		the governance structure
2.4e	Leads and local education partners?		provided by the Health a
2.4f	Specialised commissioning?		(members of the board i Mental Health is a priorit
2.4g	Health and Justice commissioners?		Strategy. LCC Children
2.4h	Local Transforming Care Partnerships?		the LCC Participation St
2.4i 2.4j	Local CYP physical health and primary care partners? Local participation groups for CYP and parents/carers?		children, young people a
2.4j 2.4k	Local voluntary sector partners?		of planning and deliverin
2.4K	Health visitors and school nurses		different local groups, se Local Need and Advanc
2.4m	Provider collaboratives?		LUCAI NEEU ANU AUVANU

en and young people aged n the LTP.

System Plan 2022/23 and ocal Transformation Plan are itment to a strong start in life igh-quality, safe care for CYP. ects the operational, workforce ans submitted as part of the nd.

n place between the Lincolnshire County Council ows for service development cross agendas to be aligned; nd service reviews include ing and mental health services Services, including SEND, CiC . Future4Me service is a oject that has CYPMH

- team.
- lard area for the
- Health and Justice
- ted Care, consolidating and Me work to develop a fully eeds Service.
- ned with the all-age 3-year

ence of working across all including all phases of SEND, and health (including rgency care).

TP refresh will have been al Health System Contract

ture included within Section 1 in the detail. LSCP is part of ure. Scrutiny is regularly and Wellbeing Board d included in the plan) as CYP ority in the Lincolnshire HWB in Services' work in line with Strategy, ensuring that and their families at the heart ring services by engaging with see Section 3, Understanding incing Health Equalities.

	3. Understanding Local Need and Advancing Health Inequalities	RAG Rating	Nar
3.1	Is there clear evidence that the plan addresses local needs across the age range 0 25, by focusing on:		
3.1a	All children and young people and their families who experience MH problems or who may be vulnerable and at greater risk of developing MH problems?		
3.1b	 All CYP in the following groups: Looked after children, including those placed in your area from other authorities? Children on a child protection plan and children in need? Adopted children? Unaccompanied asylum seeking children? Children living with connected carers? Care leavers, including information on the numbers within the area? 		Joint Strategic Needs Ass CYP EWBMH that has in Lincolnshire's EWBMH st emerging priorities being in provision identified. Lin
3.1c	Children with MH problems and coexisting physical health conditions (e.g. asthma, epilepsy, obesity, children with deafness)		bid developed around loc developments included w
3.1d	Children, young people and families from a Black Asian and Minority Ethnic (BAME) background?		See Sections 1 & 10.
3.1e	Disabled children and young people, including those with a learning disability, autism, both or an EHC plan?		
3.1f	Children and young people who identify as LGBTQ+?		
3.1g	Children and young people living in deprivation or at risk of poverty?		
3.1h	Up to date information on local needs to demonstrate how these needs will be met (e.g. identified in the published Joint Strategic Needs Assessment JSNA), identifying where gaps exist and the action plans in place to address these?		
3.2	Does the plan make explicit how health inequalities are being addressed and how improvements will be measured?		A detailed picture of know how these are being add 3. Further work will take p CYPMH Review and Tra
3.3	Are services reporting numbers of children with protected characteristics accessing help and recording their outcomes?		Services are recording pr not currently reporting the of regular reporting. This the current CYPMH Revie Programme to further und inequalities and develop track patient outcomes w
3.4	Have you understood how health inequalities impact your local population and how services need to be adapted to cater to the needs of children and young people with specific needs?		See 3.2 and 3.3 above
<u>k</u>			

Assessment (JSNA) topic for informed service development. I strategy being developed with ng identified. Recognised gaps Lincolnshire MHSTs successful local need. Further I wave 7 and 8 in LTP refresh.

own health inequalities and ddressed are set out in Section e place through the current ransformation Programme.

protected characteristics but these against outcomes as part is will be looked into as part of eview/Transformation understand local health op a dashboard to regularly with protected characteristics.

	4. Wider Transformation	RAG Rating	Nar
4.1	Are there clear pathways that demonstrate the whole system of care in existence or in development, including:		The plan clearly sets out
4.1a	mental health promotion, early intervention and prevention including in universal settings, early years settings, schools, colleges and integration with physical health and primary care networks?		pathways for Healthy Mir emerging Mental Health demonstrating a strong fo
4.1b	evidence based routine care?		promotion/prevention and community settings, inclu MH staff in schools (see
4.1c	crisis care and intensive interventions?		Health Services working (including Mental Health
4.1d	inpatient care, including NHS led Provider Collaboratives, and re investment of any savings in community provision?		Lincolnshire model is bas all care is evidence-based Throughout the plan is de
4.1e	specialist care e.g. CYP with learning disabilities and forensic CAMHS?		model from early interven CAMHS evidence-based and Enhanced Treatment Future4Me/Complex Nee and Justice and other spe Learning Disabilities. The plan outlines the curr Programme, which include working with VCSE provid support available to CYP.
4.1f	services provided directly by educational settings to support emotional wellbeing and MH? Are these coordinated with services commissioned by CCGs and Local Authority?		
4.1g	voluntary sector partners?		
4.2	Is there an action plan with funding commitments, including identifying which agency or agencies will fund the change, with clear timelines, outcomes to be achieved and ownership?		Funding commitments are detailed plans to support.
4.3	Is there an action plan to improve integration with primary care and support use of the £5m funding (allocated to ICBs in fair share basis) and the Additional Roles Reimbursement Scheme (ARRS) funds to increase and sustain workforce capacity for joint work between primary care and CYP MH partnerships (NHS, Vol. sector, LA)?		An action plan is in place NHSE setting out propose currently being progresse the IMP and South Lincs

ut the range of support and linds Lincolnshire and n Support Teams focus in Lincolnshire on nd early intervention in cluding working with existing e Section 10 CYP Mental g with Educational Settings h Support Teams) . The ased on the Thrive model and sed. described the Lincolnshire

ention through specialist d treatment, Community Crisis ent, specialist

eeds support through Health specialist care e.g. EDS and

urrent CYPMH Transformation udes a focus on engaging an viders to increase community 'P.

are outlined in the plan with rt.

ce and has been shared with osals for this work, which is sed with PCN colleagues in as Rural PCNs.

	5. Workforce	RAG Rating	Nar
5.1	Does the plan include or link to a multi agency workforce plan or align with wider ICB level workforce planning?		The local ambition is to greatly needed to delive needs; considering training and transformational char to grow through innovative the number of Peer Supp workforce plan is being de possible to the STP and to national agendas. Lincolnshire's successful also provide opportunity f be recruited in the identified
5.2	Does the workforce plan detail the required work and engagement with key organisations, including schools, colleges, primary care networks, voluntary sector and local authorities/social care partners?		The plan details plans to to look at potentially deve improve community/prima work with the VCSE to en for CYP, work with social informed practice and gre complex needs. Investme further role out of MHSTs colleges and the universit
5.3	Does the workforce plan:		
5.3a	Identify the additional staff required by 20/23/34 and include plans to recruit new staff and train, support and retain existing staff to deliver the NHS Long Term Plan ambition?		Plan details recruitment a such as additional clinical Practitioners, Recruit to T recruitment and the Fram vanguard that will increas services system.
5.3b	Include Continuing Professional Development (CPD) and continued training to deliver evidence based interventions (e.g. CYP IAPT training programmes and personalised care including personal health budgets), including resources to support this?		As above
5.3c	Include recruitment and employment of additional workforce requirements? For example, to train and retain Wellbeing Practitioners for CYP, additional staff for CYP 24/7 crisis care, ensuring MHSTs are fully staffed, the Additional Roles Reimbursement Scheme (ARRS) funds to increase and sustain workforce capacity for joint work between primary care and CYP MH partnerships and dedicated eating disorder services.		As above
5.3d	Include strategies for retention of staff such as clear pathways for career progression (for example developing Senior Wellbeing Practitioners and utilising Recruit to Train opportunities) and supporting staff well being?		Yes, the plan includes a r and opportunities for deve including use of rotational across a broad range of (
5.3e	Include widening workforce diversity and supporting cultural competency?		The plan includes diverse significant growth in peer posts along with developr core posts where possible
5.3f	Include skills/competencies to work with specific age ranges, e.g. u5s and young adults?		Yes, plan includes specia practitioners to work with

grow the workforce and meet ver the local CYP population's ning, recruitment, retention nange, looking at opportunities tive means such as increasing oport Workers. A wider developed, to align where d to include relevant local and

ul MHSTs trailblazer bid will of for new skilled workforce to <u>ified geographical areas.</u> o explore working with PCN's velop CYP MH roles to mary care links to CAMHS, enhance community support al care to embed trauma greater support for CYP with nent is outlined to support Ts supporting schools, sity.

t and training of CYP roles cal practitioners, Wellbeing Train posts, MHSTs mework for Integrated Care ase capacity in the CYPMH

a range of progressional posts evelopment and prfoession, nal posts to gain experience f CYP MH teams.

se posts, specifically er support/lived experience opment and progression into ble.

cialist transition lead th young adults.

5.3g	Include plans around growth in supervision capacity in relation to career progression and broader workforce expansion to ensure all practitioners have the support they need to achieve good outcomes	Yes, includes growing CE along with other supervision interventions.
5.4	Has data on the existing workforce WTE, skill mix, capabilities, demographics (including the ethnic background of the workforce across professions and levels of seniority), activity, outcomes been used, alongside local prevalence data, to establish where and what extra capacity and c apability is needed?	Services are specifically of needs. Workforce training (expansion) requirements the Lincolnshire LTP docu capacity required across
5.5	Does the workforce plan detail how it will train staff in schools to work with children with specific needs? For example, children and young people with co existing LD, autism, ADHD and / or communication impairments, or equality and diversity education and training to including LGBT	A review of current servic CYP with LD has identifie and future service design appropriate training for to ALD Outreach Service pro to school staff.

	6. Improving Access	RAG Rating	Nai
NHS Lo 6.1	ng Term Plan Deliverable: 345,000 additional CYP aged 0 25 accessing NHS funded services by 2023/24. Does the plan set out how access for 0-25s will be improved by working in partnership, including how systems are working towards sustainable reductions in waiting times and improvements in		The plan sets out how we
6.1a	productivity and efficiency? Does the plan set out how local trajectories as outlined in the Long Term Plan Ambitions Tool for CYPMH access will be met for 0-25s?		target sustainable increa access for more CYP into improvements in the integ the improving access into
6.1b	Has modelling been used to review current MH provision to plan investment across 0-25s and all ages where appropriate, across the whole system pathway, considering local data on prevalence and inequalities, the impact of Covid 19, for example, using the CReST Modelling Tool?		with VCSE to increase co work with primary care to through to secondary pro Lincolnshire are based a
6.1c	Does the plan demonstrate local evidence based service models which promote needs based care, for example, implementing the Thri ve framework, LEAN, CAPA, personalised care model?		MH services responded innovation during the par grow digitial resources an pathways of support, He MHSTs have done some podcasts helping to prom about CYP MH support.
6.1d	Does the plan highlight innovation, or examples of optimisation, that can be shared as 'best practice'? For example, digital innovation that is used with CYP, parents and carers, schools and colleges and other partners as a tool for tackling stigma and promoting MH prevention and treatment, or personalised care including social prescribing and personalised health budgets?		
6.2	Is there evidence in the plan that CYPMH commissioners and providers are working with Public Health/Local Authorities, perinatal MH services and other system partners to support under 5s and their parents/carers/families?		Most CYP MH services, intervention Healthy Mind commissioned to include with the 0-19 Health Serv Nurses), early years prov around identification and

CBT supervision capacity ision for other psychological

y commissioned to meet local ng and recruitment its are covered in Section 5 of ocument, and outlines extra s the workforce.

vices to meet the needs of fied where current gaps are gn will ensure there is to support this cohort of CYP. provides training and support

arrative

we are using investment to eases in capacity and therefore nto services. Including tegration of CYP MH services nto those services, working community support for CYP, to improve support and links provision. CYP MH Servicesin around the thrive model. CYP d well to using digital andemic and are continuing to and capabilities as part of lealthy Minds Lincolnshire and ne great work developing prote and inform more people

s, particulary our early inds Lincolnshire service, are de under 5s and work closely ervice (Health Visiting and CYP oviders and the local authority nd pathways for under 5s.

6.3	Does the plan recognise the requirement for all NHS funded (and jointly funded) services, including non NHS providers (e.g. VCSE , providers of digitally enabled care etc,) to submit data to the MH Services Data Set (MHSDS), including an action plan, where relevant, to improve data quality	CAMHS and HML are flo Kooth is flowing access of with NHSE to enable dat metric. The LA is looking at how can flow data into the MH MHSTs will input into the operational. Service leads for the Fra pilot areas are working w LCC Mosaic to the MHS
6.4	Does the plan describe how data on key ambitions like access, urgent and emergency mental health, Eating Disorders, outcomes and paired outcomes scores are routinely monitored and used? In line with the ISN services should be flowing SNOMED CT codes with a focus on flowing them to support evidence against these key ambitions.	Routine outcome measu collaboratively with CYP in all relevant services. Work is taking place to d measures in addition to i outcomes throughout the
6.5	Is there evidence of the use of local and regional data reporting and its use to enhance local delivery and demonstrate impact on outcomes for children and young people e.g. local CYP MH and CYP ED dashboards? Does this data routinely include analysis of ethnic background, sexual orientation, gender and trans status of service users?	MHSDS is used to monit and national data. Local monitored through servic contract management pr

	7. Young Adults - understanding system progress in 2022/23	RAG Rating	Nar
key area	3, we want to use the SDF data collection to better understand systems progress on improving services s to improve mental health services for young adults. The expanded SDF data collection will give a bette ore support may be required to meet the LTP ambition by 2023/24.		-
7.1	Are all services supporting young adults (including both CYP and AMH services) eliminating rigid age based thresholds for 18 year olds?		In Lincolnshire both CYPI together to eliminate rigid transition between service centred and only conduct people can continue to ac services after the age of
7.2	Are joint working arrangements in place between CYP and AMH services to support effective, strategic transition planning? Do all services have a transition policy in Place, that has been co produced with young people, families and carers?		Lincolnshire Partnership I a CYP and AMH Transition protocol gives guidance of planning. The transition p since 2017. The transition collaboration with young p

flowing data into the MHSDS. s data and is working nationally ata flow into the outcomes

W CYPIAPT trained LA staff MHSDS. he MHSDS once fully

ramework for Integrated Care with NHSEI to flow data from SDS.

sures are being used P to co-produce interventions

develop wider use of outcome increasing the % of paired ne system.

nitor progress against regional al access data is also vice performance and the process.

arrative

asked to report against 8 king the most progress and

PMH and AMH services work gid age barriers and support ices. Transition is patient icted where necessary. Young access community CYP of 18.

b NHS Foundation Trust have tion Protocol. The transition e on effective transition protocol has been in place on protocol will be reviewed in g people and families in 22/23.

7.3	Are joint working arrangements in place with other local partners local authorities, VCSE to support young adults?	As part of the Adult Com are strong working arrang VSCE to provide support adults. CYP work jointly y young people leaving can care worker to support yo providing training and co workers supporting young care.
7.4	Have existing pathways within CYP and adult mental health services been adapted to offer developmentally appropriate support for young adults?	Yes pathways are aligned through the transition pro pathways are reasonably and developmentally app
7.5	Are young adults (and their families) involved at all levels of service design, delivery evaluation and governance arrangements across systems and services?	Coproduction is at the he Lincolnshire. CYP service support team, who engag in participation and involv service design. Both AMI at different stages of tran people and their families evaluation and governan transformation.
7.6	Are staff in all services being supported to have the skills, competencies and knowledge to work with and engage young adults?	Yes staff cross CYP and supported to develop skil through continued profes
7.7	Are plans in place to meet the needs of students, and those undertaking apprenticeships and similar 18-25 work based learning (i .e. ensuring appropriate signposting and referral from university or further education counselling and welfare services, supporting transitions of young adults that are relocating to take up university or further education places)?	Yes
7.8	Are arrangements in place to support care leavers (i.e. joint working with local authority social care to ensure mental health needs of young adults leaving care are being met)?	CYP work jointly with Bar people leaving care, by p worker to support young training and consultation supporting young adults

mmunity Transformation there angements in place with the ort in the community for young y with Barnardos to support care, by providing an leaving young people, as well as consultation to Barnardos ung adults who are leaving ned and this is supported protocol. Across LPFT service, bly adjusted to offer both age ppropriate service.

heart of service design in rices have an active peer gage young people and families olvement in all elements of MH and CYPMH Services are ansformation, with young es part of the service ance arrangements for the

nd Adult Services are kills and competencies essional development.

Barnardos to support young y providing an leaving care ig people, as well as providing on to Barnardos workers s who are leaving care.

	8. Urgent & Emergency (Crisis) Mental Health Care for CYP	RAG Rating	Na
	ng Term Plan Deliverable:100% coverage of 24/7 crisis provision for CYP which combines crisis assessme 24 (linked to Adult Mental Health Crisis KLoEs)	ent, brief re	esponse and intensive h
8.1	Does the plan set out the model for delivering 24/7 urgent and emergency mental health services for CYP and their families in line with the NHS Operational and Planning Guidance 2020/21 (https://www.england.nhs.uk/operational planning and contracting/) and the NHS Long Term Plan, including:		MHSDS is used to monit and national data. Local monitored through servic contract management pr
8.1a	A commitment, with an agreed costed plan to sustain the 24/7 urgent and emergency mental health support line for CYP and their families in line with the ask of services in March 2020, including evidence that areas are continuing to improve the operation of these lines, ensuring they are freephone and that call handlers are trained to meet the specific need of CYP & their families).		Lines are in place and op specification. Provision to support CYP and their place as part of system v allocation.
8.1b	A commitment to ensure 24/7 U&E MH services in all 4 functions of the crisis comprehensive service, including Intensive Home Treatment continue to develop in line with the NHS Long Term Plan and the trajectory set out in the MH implementation plan		The plans include contin services in Lincolnshire, successful crisis and en- commissioned with NHS resources are being dev around 24/7 MH liaison s discharge support and b
8.1c	Evidence of whole system, multi disciplinary working to support CYP who present in crisis, including those with multiple complex needs, to support care in the most appropriate environment		Complex case review me review all current inpatien potential risk of becomin CYP-EDS and crisis serv acute hospital provider a collaborative representat coordinated well in betwe coordinators.
8.1d	Reasonable adjustments being made to ensure there is appropriate urgent and emergency mental health care for disabled children and young people, particularly those with LD, autism and / or ADHD, regardless of the model of service including consideration to Dynamic Support Register/System and CETR processes for CYP with a learning disability or autistic, to avoid duplication and enhance personalisation		Specific multi-agency CV are established to review adjustments across heal order to support CYP wit community. CYP Keywo implemented in Lincolnsl

home treatment functions

nitor progress against regional cal access data is also vice performance and the process.

operating as per NHSE n is available through the line eir families. Costed plan is in n wide planning and funding

tinued investment in crisis e, despite having had a enhanced treatment team jointly ISE since 2020. Additional eveloped to support the team n specifically for CYP, bed management.

meetings are held monthly to tient cases and those at ing inpatient and include core, ervices, social care, police, r and regional provider tatives. Multi-agency working is ween these meetings by care-

CYP DSR/inpatient meetings ew and discuss reasonable ealth, care and education in with LDA or disabilities in the vorking is also currently being nshire.

8.1e Reasonable adjustments (including staff training) being made to respond to CYP from a diversity of ages, gender identities, sexual orientations, races and cultures, and those with co existing needs or conditions, regardless of the model of services Bell Inclusion and information and	mplementing NHS led Provider Collaboratives, is the area reprofiling inpatientComplementingmmunity based care (NHS Long Term Plan ambition) and if so, is the detail of howjointled included?Prov	nis happened in Lincolr ommunity Crisis and El intly funded by local co rovider Collaborative to main in the community
8.1e Reasonable adjustments (including staff training) being made to respond to CYP from a diversity of ages, gender identities, sexual orientations, races and cultures, and those with co existing needs or conditions, in the Boston to engage in and informatia available. Consideration of the model of services BME Inclusion to engage in and informatia available. Constructions, the performance determines if Where barries including training in the Boston to engage in and informatia available. Constitution that all workforce delivering the 4 functions of the crisis comprehensive service should be appropriately trained Yes 8.1g A commitment that all workforce delivering the 4 functions of the crisis comprehensive service should be appropriately trained Yes 8.1g Consideration of how CYP crisis services interact with the wider system and stakeholders (e.g. provider collaboratives, primary care and acute services), including consideration of shared protocols or local SLAs to support the care pathway The plan provide or collaborative offer for 8.1h Details on what support is in place for CYP beyond their crisis presentation, inclusive of the local comprehensive offer for Post crisis process	expansion to local suicide prevention programme (LTP commitment that this will cover e country by 23/24) including suicide bereavement support services providing timely and o families and staff in place. This should also be considered in line with the Improving self harm and present at A&E CQUIN released in April 2022.	YP are a priority within gency Suicide Prevention anaged by Public Heal as been created and fe uicide Prevention Steer uicide bereavement sup 11/2022.
8.1e Reasonable adjustments (including staff training) being made to respond to CYP from a diversity of ages, gender identities, sexual orientations, races and cultures, and those with co existing needs or conditions, regardless of the model of services BME Inclusion in the Boston to engage in and information appropriately trained A commitment that all workforce delivering the 4 functions of the crisis comprehensive service should be the appropriately trained Yes 8.1f A commitment that all workforce delivering the 4 functions of the crisis comprehensive service should be appropriately trained Yes 8.1g Consideration of how CYP crisis services interact with the wider system and stakeholders (e.g. provider collaboratives, primary care and acute services), including consideration of shared protocols or local SLAs to monitoring for the care pathway	for CYF	ost crisis presentation p YP, however further wo detail and demonstrate
8.1e Reasonable adjustments (including staff training) being made to respond to CYP from a diversity of ages, gender identities, sexual orientations, races and cultures, and those with co existing needs or conditions, regardless of the model of services BME Inclusion in the Boston to engage in and informatic available. Co ethnicities of performance determines if Where barries including training the 4 functions of the crisis comprehensive service should be Yes	v CYP crisis services interact with the wider system and stakeholders (e.g. provider ry care and acute services), including consideration of shared protocols or local SLAs to way	ne plan provides details orking with the wider comprove interactions with otocols with primary ca onitoring for Eating Dis ollaborative around bed
 8.1e Reasonable adjustments (including staff training) being made to respond to CYP from a diversity of ages, gender identities, sexual orientations, races and cultures, and those with co existing needs or conditions, in the Boston to engage in and informati available. Co ethnicities of performance determines if Where barrier 	I workforce delivering the 4 functions of the crisis comprehensive service should be Yes	es e
	According staff training) being made to respond to CYP from a diversity of ages, additional orientations, races and cultures, and those with co existing needs or conditions, to end add availe the performance of the services of the service of the	linical services operate ccess to Services (NHS puntywide NHS service cople, irrespective of an ackground or protected orkers are trained in cu ddition, Lincolnshire Co ME Inclusion service, w the Boston and Lincoln engage in children's se d information about why vailable. Commissioner hnicities of service use erformance figures and etermines if there are c where barriers to access cluding training plans, w

e according to the Wide IS1) standard, providing a e to all children and young any socio-demographic d characteristic and all ultural competence. In County Council commissions a which supports BME families oln areas from the early years services, including signposting what support services are ed services report the ers in their quarterly nd to the MHSDS, analysis cultural gaps in provision. ss are identified action plans, will be put in place.

Is on how crisis services are community to develop and th acute hospital services, care around physical health isorders, provider ed management etc.

pathways are in place for work needs to be undertaken ate the support available.

n Lincolnshire's all-age multition Strategy, which is alth. A subgroup for CYP T&F feeds into the multi-agency ering Group. An all-age upport service commences

Inshire in 2020. The Enhanced Treatment Team is commissioners and the to ensure more CYP in crisis ty.

	9. Eating Disorders	RAG Rating	Na
Deliver	the evidenced service model and the 95% CYP Eating Disorder standard in 2020/21 that is to be maintained	thereafter.	
9.1	Does the plan identify current performance against the Eating Disorder Access and Waiting Time standards and plans to ensure that the standard is achieved and maintained?		Data is provided to evid national ED access and
9.2	Is the Community Eating Disorder Service (CEDS) operating in line with the model recommended in NHS England's commissioning guidance?		Community ED service model, performance and
9.3	Does the plan show how funding for CYP CEDS, over the course of the NHS Long Term Plan, will be invested to deliver the service model?		Funding allocation detain service capacity to mee acuity of referrals and to ARFID.
9.4	Is the CEDS signed up to a national quality improvement programme?		Consideration for QNCC given.

10. C`	YP Mental Health Services working with education settings (including Mental Health Support Teams)	RAG Rating	Nai
NHS Lor	ng Term Plan Deliverable: Mental Health Support Teams (MHSTs) rolled out to between a quarter and a fif	th of the co	ountry by 2023/24
10.1	Does the plan set out how CYP mental health services (however provided) work in partnership with educational settings? (for example, provision in schools or FE colleges. Areas that are applying for Mental Health Support Teams in schools programme should reference this here)		Partnership working iden Gainsborough (and surro Skegness are now fully o 8 are undergoing recruitr
10.2	For areas with MHSTs or planning for developing MHSTs, does the plan include (NHS Long Term Plan ambition):		
10.2a	evidence of the MHST resource being targeted at the areas of greatest need within ICB as the programme rolls out?		All MHST areas are select assessment of greatest r
10.2b	a clear joint assessment of need in the education setting, carried out in conjunction with school/college leadership, with the planned work of MHSTs commensurate to their training and resources?		Schools and colleges are development and selection leadership level and desi
10.2c	are NHS CYP mental health services including eating disorder services integrated with MHSTs? e.g. providing input/support to MHSTs to jointly deliver an integrated referral and advice system that prioritises CYP accessing appropriate help as quickly as possible		MHSTs and CYP-EDS a provider and access thro Team, therefore practitio specialists for advice as support referral through required.
10.2d	do the MHSTs demonstrate fidelity to all three of the nationally prescribed core functions?		All MHST's are aligned to prescribed core functions

vidence achievement of nd wait times. ce in place, details of the and outcomes are provided. etails include increasing ED eet increased volume and t to extend pathways to include

CC ED accreditation is being

arrative

entified. MHSTs in Lincoln, rrounding area), Boston & y operational and 2. Wave 7 & iitment.

lected based on an the need within Lincolnshire.

are fully engaged in the ction of MHST area both at esignated mental health leads.

are delivered by the same arough a single joint Access tioners have access to EDS as well as working closely to h to specialist teams if

to the three nationally ons.

	11. Early Intervention in Psychosis	RAG Rating	Nai
	of the Early Intervention in Psychosis standard: Achieve 60% EIP Access Standard by 2020/21 and mai ance by 2023/24 - what is the current commitment?	ntaining its o	delivery thereafter and 9
11.1	Does the plan identify how the needs of all CYP aged 14 or over experiencing a first episode in psychosis will be met and that all referrals are offered NICE recommended treatment (from both internal and external sources)?		Transformed provision for acute psychotic sympton Treatment Team has cle ensure smooth and robu well as links to early inter
11.2	Do all practitioners have the necessary training, expertise and support in CYP MH as well as competencies when delivering EIP interventions when seeing under 18s?		Yes. Interventions includ Behavioural Family Ther interventions.
11.3	Are there joint protocols and strong interface, collaboration and relationships between CYPMH and EIP teams?		All young people present under 14 years old are su Crisis and Enhanced Tre presenting with psychosi ascribed national time fra are able to access CAMI Both services offer NICE pathways. The pathway dedicated EIP Team; any same pathway and treatr are monitored to meet th standards.
11.4	Are staff competent in delivering interventions and working with CYP families and carers as well as providing support with social needs?		The children and young NICE recommended trea include CBT for psychos and medical interventions

95% Level 3 Nice

for CYP who present with oms. The Crisis and Enhanced lear links with adult services to oust transition to services, as tervention in psychosis teams. ude CBT for psychosis, erapy and medical

enting with psychosis who are supported by the CAMHS Treatment Team, over 14s osis will be assessed within the frames by EIP; young people MHS treatment alongside EIP. CE recommended treatment by for CYP mirrors that of the any young person is offered the atment options. Both services the EIP access to wait

g people's provision offers eatment pathways. These osis, Behaviour Family Therapy ons.

	12. CYPMH Digitally-enabled Care Pathways	RAG Rating	
	ong Term Plan Deliverables:100 % of mental health providers to meet required levels of digitisation by 2023/24 systems offer a range of self management apps, digital consultations and digitally enabled models of therapy by 2023/24		
12.1	Is there consideration in the plan of how CYPMH will meet the LTP Ambition for 100% of mental health providers to meet required levels of digitisation by 2023/24?		Durin positi digita urger
12.2	Does the plan demonstrate development and implementation of digitally enabled service models for CYPMH e.g. including a range of self management apps, digital consultations and digitally enabled therapy for personalised MH care?		Pand busin appo face. deve for bo activi digita Tean platfo availa
12.2a	If there has been a rapid switch to digital / remote models of delivery of care during the COVID 19 response, are there plans to sustain beneficial changes beyond any emergency response arrangements?		famil depe patie safeg of a o great enga supp availa
12.2b	Does the plan incorporate evaluation of the effectiveness of digital technology and/or digital transformation projects?		Child been peer deve cond and y parer of dig comp effec interv

ng the pandemic LPFT held a ion of 'digital first but not al only' for all routine or nonnt appointments. Post demic LPFT have return to ness as usual, with all clinical bintments being offered face to . However, the advances and elopments in digital platforms oth clinical and non-clinical vity has led to the offer of a al offer. Primarily Microsoft ms is the most used digital orm. The digital offer is lable for young people and lies in treatment, but this is ndent upon factors such as ent choice, clinical risk and guarding. However, the option digital platform gives patients ter choice in how they access, age in and personalise their ort. No current apps able. fren and young people have consulted through LPFT's network regarding digital elopments. LPFT has ucted surveys with children young people, and nts/carers regarding the use

gital interventions, and has pleted an evaluation on the ctiveness of digital ventions.

Does the plan demonstrate evidence of progress towards implementation of whole pathway, user centred and inclusive approaches to digitally enabled care, e.g. using techniques such as user centred design; co design and involvement, whole pathway system design? This may include consideration of: -Using digital to improve CVP experience of accessing care, e.g. supporting CVP to feel connected to the service by: enabling them to set contact preferences, notifying them of progress, providing them with online pre CVPMHS educatic materials, and online location and treatment previews 12.3 -Digital assessment and records across primary and secondary and physical and mental health, with users able to accet their own records 12.3 -Tools to support decisions on care, e.g. using machine learning to identify need, understand individual crisis/suicide r and support caseload management -Electronic prescribing and medicines administration, improving safety across inpatient and community MH settings -Clinical and business intelligence to reduce variation, support innovation, inform planning and identify best practice -Tools to make best use of assets and resources, e.g. showing available beds and managing out of area placements, e whiteboards and 'at a glance' boards 12.4 Does the plan show how digital transformation within CYPMH fits into the broader digital mental health strategy for the ICS?	 Training derivery to professionals and parents/carers and group interventions for young people can all be delivered digitally into schools or home LPFT operational policies have been updated to reflect the digital offer Live service/team reports are available for managers to monitor.
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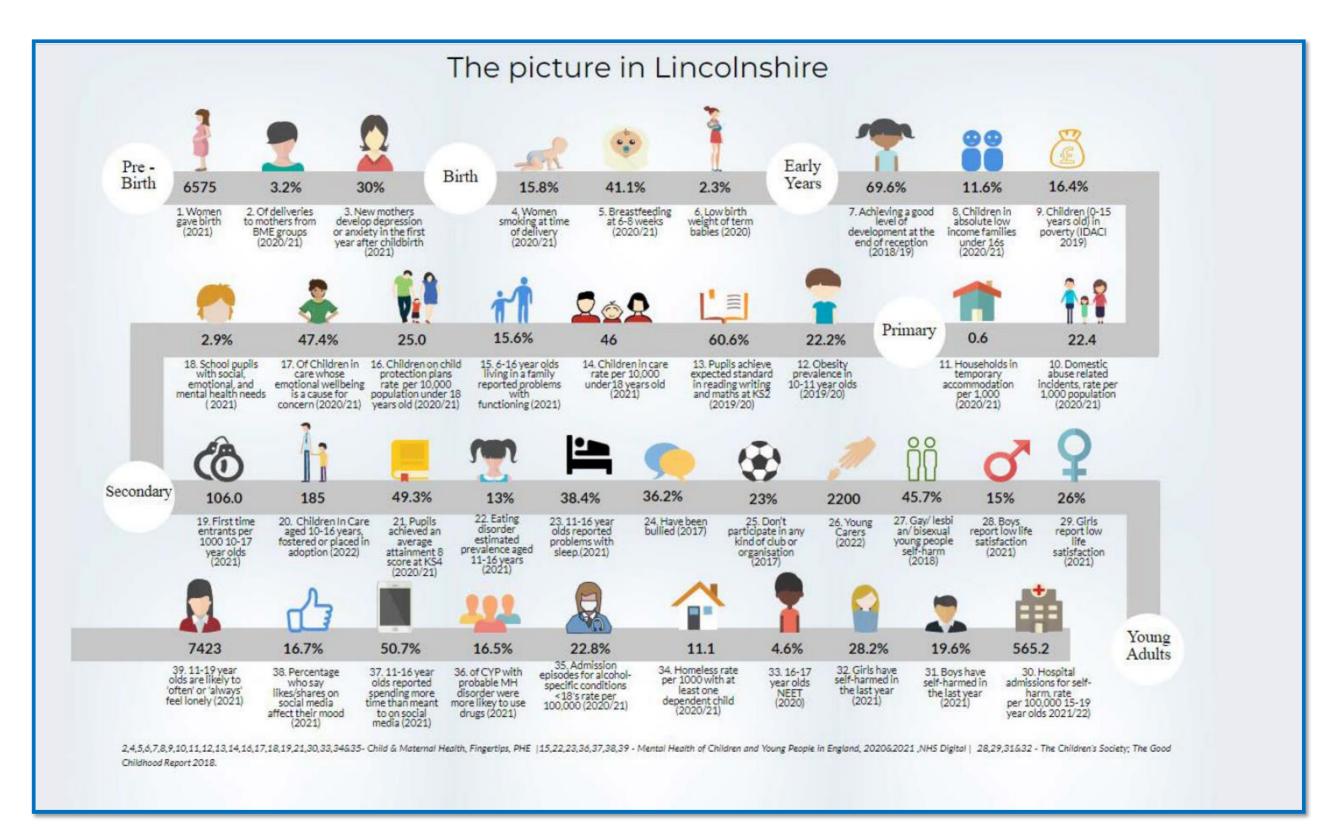
13. Health and Justice			RAG Rating	Na
	13.1	Does the plan detail how it is ensuring that there is full pathway consideration (including evidence of trauma informed services for CYP in contact with Health and Justice directly commissioned services as well as services being commissioned through the CYPMH Transformation Team, including those: (commissioners and providers)		Implementation of Secu and Collaborative Com framework for a joined
	13.1a	within and transitioning to and from the Children and Young People's Secure Estate on both welfare and youth justice grounds?		specialist input from MI teams. Effective resettle timely information shari between custody/ com receiving specialist or F within the structure of C two dedicated Clinical F
	13.1b	receiving specialist or forensic CAMHS/CYPMHs (specifically high risk young people with complex needs)?		engagement with a con risk cohort. Further dev pathways are planned with regional FCAMHS Section 136 care includ the child is under 16, or
	13.1c	interacting with liaison and diversion services?		suitable accommodation section 46. A new initia 'Service Six' has been of Midlands by NHS Engla University Hospitals Tra- who present at the East
	13.1d	presenting at sexual assault referral centres (SARCs) or Child Sexual Exploitation (CSE) /Abuse (CSA) centres		Assault Service. The new Liaison and D became operational on follows an all age strate signposting those indivi- with the Criminal Justic local services for suppo
	13.1e	in crisis care related to police custody?		Lincolnshire was succe be a vanguard site for to Care. The Framework the commitment within invest in additional sup children and young peo- the community. Those present with what can h high harm behaviours a project will enable long collaboration across se will have long term pos outcomes into adult life
	13.1f	with complex needs?		
	13.1g	in contact with youth offending teams?		

ure Stairs, National FCAMHS missioning model provides a up approach, including H, Social Care and education ement is supported through ing and smooth transition munity services. CYP FCAMHS are provided for Core CAMHS, enhanced with Psychologists to support mplex YOS and adolescent velopment of FCAMHS and its to include collaborative work . Alternative provision to des parental responsibility, if r if appropriate removal to on under the Children Act al counselling service commissioned across East and and Nottingham ust for child/young people st Midlands CYP Sexual

Diversion Service Model in the 1st April 2020, which egy of assessing and viduals who come in contact ce Service to the relevant ort.

essful in April 2021 in a bid to the Framework for Integrated k is NHSE&I H&J response to the NHS Long Term Plan to oport for the most vulnerable ople with complex needs in children and young people be described as high risk, and high vulnerability. The g term evaluation of ervices supporting CYP that sitive impact on their e.

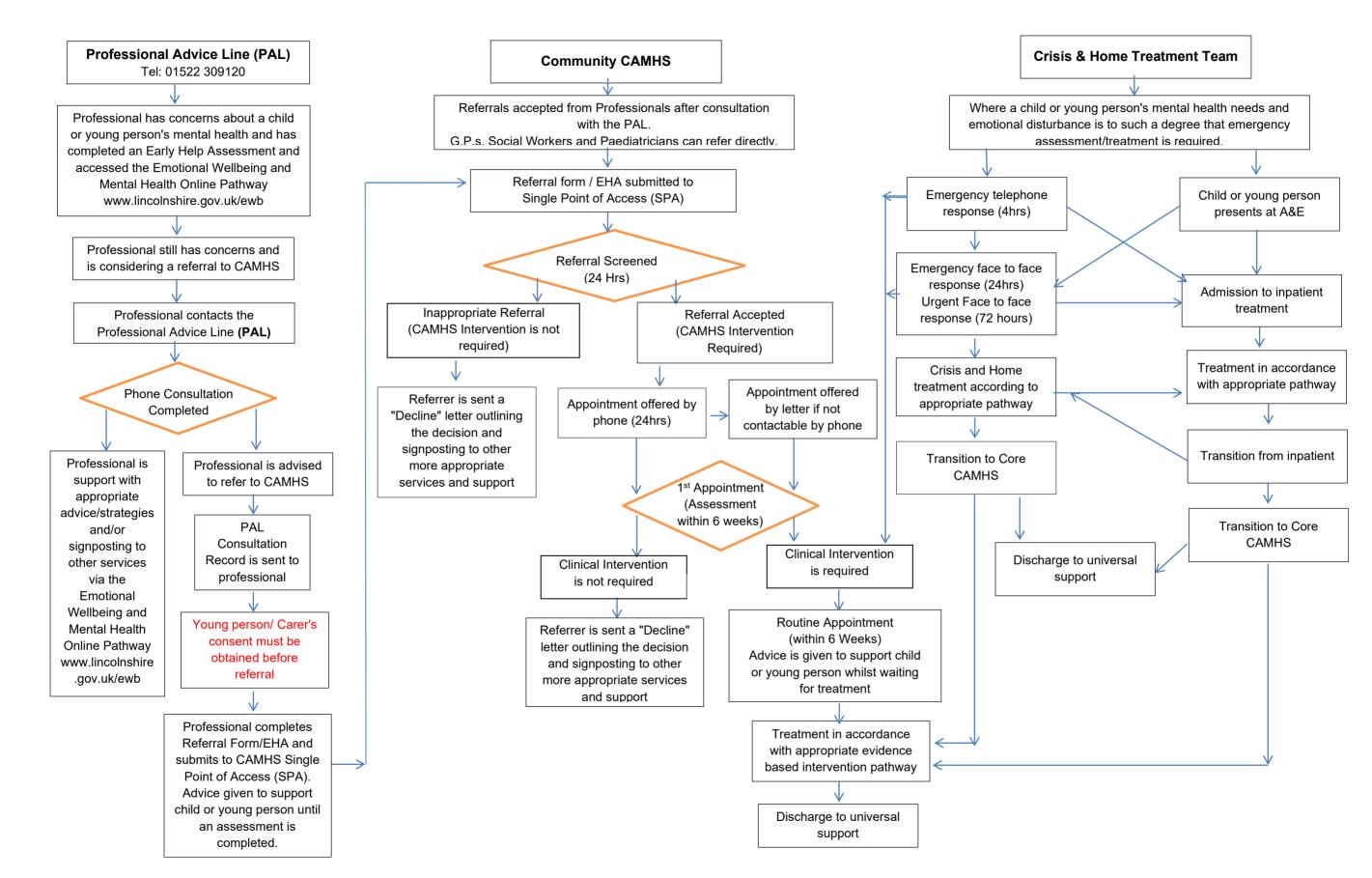
Appendix B: The Picture in Lincolnshire



Appendix C: Lincolnshire Profile (as at end of March 2022)



Appendix D: Lincolnshire CAMHS Pathways



Appendix E: Transition Protocol



Lincolnshire Partnership NHS Foundation Trust (LPFT)

Transitional Protocol between Child & Adolescent Mental Health Services (CAMHS) and Adult Services

Document Type and Title:	Transitional Protocol between Child & Adolescent Mental Health Services [CAMHS) and Adult Services	
Authorised Document Folder:	Service Operational Protocols	
New or Replacing:	Replacing v1	
Document Reference:		
Version No:	V2	
Date Policy First Written:	May 2017	
Date Policy First Implemented:	July 2017	
Date Policy Last Reviewed and Updated:	December 2019	
Implementation Date:	January 2020	
Author:	Quality Improvement & Assurance Lead Specialist Services	
Approving Body:	Patient Safety and Experience Committee	
Approval Date:	V2: 29 January 2020	
Committee, Group or Individual Monitoring the Document	Patient Safety and Experience Committee	
Review Date:	December 2021	

Transitional Protocol between Child & Adolescent Mental Health Services (CAMHS) and Adult Services

Valid from: May 2017

Review date: December 2021

'Transition' in the context of young people's mental health, means the transfer of young people out of CAMHS to other services (Adult Mental Health Services or otherwise), or being discharged, as a consequence of reaching a certain age.

NICE Guidelines 2016:

"Ensure the transition planning is developmentally appropriate and takes into account each young person's capabilities, needs and hopes for the future. The point of transfer should not be based on a rigid age threshold take place at a time of relative stability for the young person"

Transition from children's to adults' services for young people using health or social care services NICE guideline. Published: 24 February 2016 nice.org.uk/guidance/ng43

Overarching Principles

- Involve young people and their carer's in service design, delivery and evaluation related to transition by:
 - · Co-producing transition policies and strategies with them
 - Planning, co-producing and piloting materials and tools
 - Asking them if the services helped them achieve agreed outcomes
 - Feeding back to them about the effect their involvement has had
- Ensure transition support is developmentally appropriate, taking into account the person's: maturity
 - Cognitive abilities
 - Psychological status
 - Needs in respect of long-term conditions
 - Social and personal circumstances
 - Caring responsibilities
 - Communication needs
- Ensure transition support is strengths-based and focuses on what is positive and possible for the young person rather than on a pre-determined set of transition options and identifies the support available to the young person, which includes but is not limited to their family or carers.
- 4. Use person-centred approaches to ensure that transition support:
 - Treats the young person as an equal partner in the process and takes full account of their views and needs
 - Involves the young person and their family or carers, primary care practitioners and colleagues in education, as appropriate
 - Supports the young person to make decisions and builds their confidence to direct their own care and support over time
 - Fully involves the young person in terms of the way it is planned, implemented and reviewed
 - Involves agreeing goals with the young person
 - · Includes a review of the transition plan with the young person at least annually or

more often if their needs change

- Addresses all relevant outcomes, including those related to:
 - Education and employment
 - Community inclusion
 - Health and wellbeing, including emotional health
 - Independent living and housing options
- Health and social care service managers in children's and adults' services should work together in an integrated way to ensure a smooth and gradual transition for young people. This work could involve, for example, developing a joint mission statement or vision for transition jointly agreed and shared transition protocols, information-sharing protocols and approaches to practice.
- Service managers in both adults' and children's services, across health, social care and education, should proactively identify and plan for young people in their locality with transition support needs.
- Every service involved in supporting a young person should take responsibility for sharing safeguarding information with other organisations, in line with local information sharing and confidentiality policies.
- 8. Check that the young person is registered with a GP.

The object of these guidelines is to ensure that a consistent approach is applied across the Trust in all departments including the inpatient settings in relation to young people between the ages of 16 and 18 (Looked After Children up to the age of 25, with collaborative working between CAMHS and AMHS).

For guidance relating to young people in inpatient settings refer to Clinical Care Policy Section 8.5 Admission to Inpatient Care for Children and Young People Aged 16–17 years and Appendix 8.1 Protocol for Admission of 16 or 17 year olds to an Adult Acute Inpatient Unit.

New Referrals

If the young person is **under the age of 16**, the referral will always be directed to the **Child and Adolescent Mental Health Service.**

For young people presenting with mild-moderate anxiety, depression or singular trauma (e.g. bereavement or other life event) and aged **16 and over**, they may be eligible to receive service from Steps2Change, otherwise should be referred to CAMHS.

Consideration should be given to the information provided by the referrer (wherever possible with the young person's opinion sought too) to determine whether it is most appropriate for the referral to be accepted by the CAMH services or Steps2Change.

Where Steps2Change receive a self-referral for someone under the age of 16 this will be forwarded to CAMHS or Healthy Minds, dependent on the nature of the referral. Should the selfreferral appear urgent Steps2Change will contact the CAMHS PAL to discuss as a potential crisis referral.

If the young person is aged 17 and 9 months or older* then they should be referred into the appropriate Adult Mental Health Service, unless it is an emergency or recent (discharged within the past 6 months), in which case CAMHS should undertake assessment and provide intervention prior to transition if clinically appropriate to remain with CAMHS. If it is felt transition will be required, the CAMHS to Adult Service transition process should be initiated immediately.

If there are difficulties establishing which LPFT service is best placed to offer input to a young person aged 16 – 18th Birthday, discussions should take place between the relevant LPFT services and further information requested from the referrer as necessary. The locality interface meetings would be appropriate for these discussions. The LPFT service who received the initial referral will be responsible for gathering further information from the referrer as appropriate, for liaising with other LPFT services and for communicating with the service user and the referrer about which LPFT service has been identified as being best able to meet the service user's described mental health needs.

Open CAMHS cases needing transfer to Adult Mental Health Services

CAMH service users who require ongoing mental health service involvement must be helped to make a smooth transition to Adult Mental Health Services. The following local principles will apply:

- There is no single age limit for transition and any transition should be age appropriate for each individual and assessed against their presenting need. The age at which this transition process to Adult Mental Health Services should start will be discussed by the CAMHS Lead Professional / Care Coordinator with the young person and with relevant Adult Mental Health Service/s.
- 2. Although some young people will require a much longer period, the transition process should be offered as being a minimum of a 6 month period unless the Young Person requests a shorter transition period. When a young person involved in CAMHS service becomes approximately 17 ¼ years, the CAMHS worker should consider whether there is likely to be a future need for transition to adult services. If there is a likely need for transition then this should be discussed with the young person, and where appropriate the parents, with a view to establishing when this will be clinically appropriate. CAMHS input should not be withdrawn until transition Adult Mental Health Service has taken place and the transition plan has been completed. Reasonable adjustments should be considered to take into account individual variations.
- 3. Where it is thought transition is required, the identified CAMHS Care Coordinator/Lead Professional (could be a Child Psychiatrist) will take responsibility for attending an Interface meeting (or agreeing a meeting outside of the interface meeting) to discuss with Adult Mental Health colleagues the presentation of the young person. This should be done in a timely way to

allow a minimum of 6 months transition period. Young Person will be placed in the relevant cluster at the interface meeting with support from AMH colleagues.

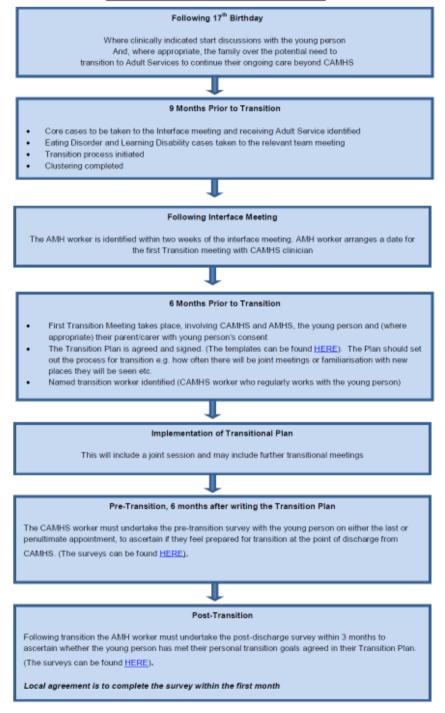
- 4. Where a Young Person is receiving a social care funded package of care this should be highlighted when brought to the interface meeting, to ensure that LPFT section 75 Social Work are aware of the potential transfer of responsibility for the care package at the point of transition. Even though the CAMHS lead professional is unlikely to have the full details of the package of social care, any detail that is held by the CAMHS service should be provided to the LPFT Social Worker to ensure that Transition arrangements can be put in place between LPFT and Lincolnshire County Council.
- If the transfer is between Child Psychiatrist and Adult Psychiatrist, it is the responsibility of the involved CAMHS Child Psychiatrist to ensure that a three way meeting is planned with Adult Psychiatry the young person and where appropriate the parents.
- 6. Where young people do not meet the criteria for an adult service, but there is identified ongoing needs, then the young person must be transitioned back to the primary care GP. The same transition process and planning must take place for those transitioning back to the GP; transition plans should be agreed with the young person and the GP sent a copy of the plan. Consideration should be given to utilising the Managed Care Network for these young persons with continuing needs that fall outside of the services provided by LPFT. If there is a disagreement about which Managed Care Network service/s should be involved this should be escalated to the relevant service managers for decision. It is essential service users do not feel 'passed around' and that GPs are not made to do referral following discharge from LPFT.
- CAMHS practitioners are responsible for ensuring compliance with the Clinical Care Policy during transition.

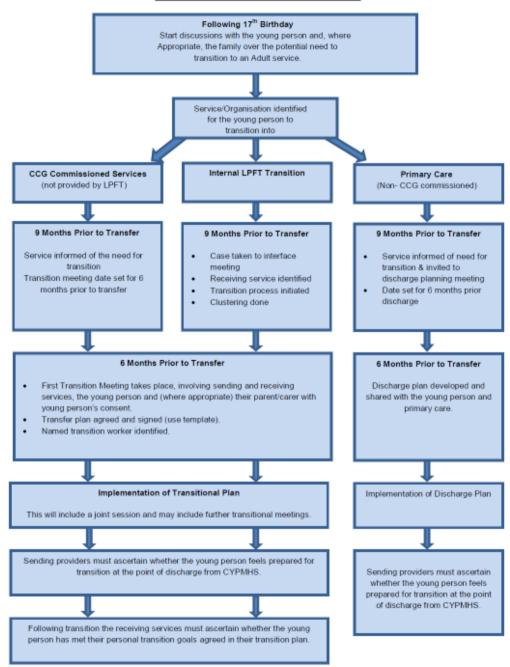
Principles of LPFT Assessment and Care Planning

- Upon referral to the services of LPFT, everyone should receive an assessment of their mental health, appropriate to their level of need, to determine their requirement for clinical care and treatment.
- When accepted, all service users will have a lead professional identified who has clinical responsibility for co-ordinating care.
- All service users accepted by secondary mental health services should have a single plan or statement of care or treatment which is current, and relevant to their situation and setting.
- Services users will have a planned review to determine the effectiveness and outcome of the service user's care or treatment to meet their individually assessed needs.
- 8. 1st Transition meeting to include the young person (and their family where appropriate), the CAMHS professionals involved, and the proposed adult worker. This is an opportunity for information sharing and relationship building. This meeting should establish a transition plan to support the transition period. The transition plan should set the individual requirements for transition offering the young person a minimum of a 6 month period for the transition. Should the young person have only recently engaged with CAMHS or decided that they wish for a shorter period of transition then this will be agreed and written into the plan.

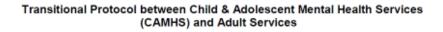
- A named Transition worker will be identified and a period of joint working between CAMHS/adult workers will be undertaken in line with the transition plan, prior to discharge from CAMHS. This will strengthen relationship building and make the services more seamless to the service user. A named Transition worker will be identified (see Transition Pathway page 5).
- 10. As close as possible to the end of the agreed transition period, a final three way appointment between the young person, CAMHS clinician and the Adult clinician will take place. This is the formal point where CAMHS discharge and Adult services pick up the case.

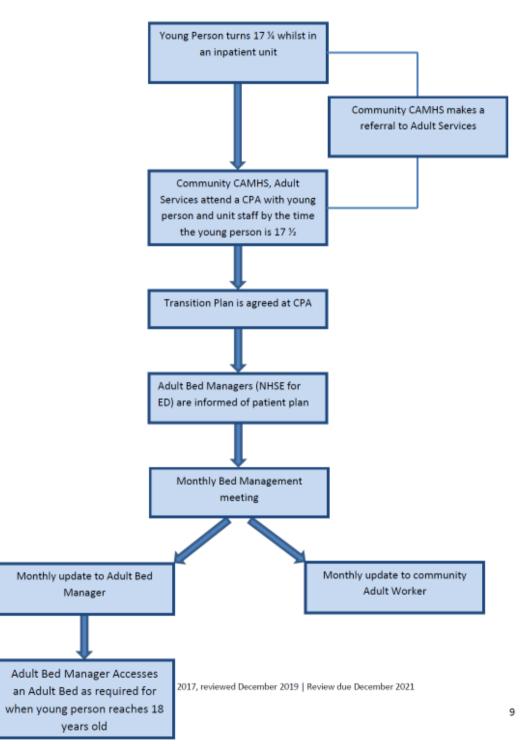






Over Arching Full Transition Pathway





Transition Pathway for Young people in inpatient CAMHS

Accessing Crisis Services during Transition

Where a young person requires crisis interventions during transition, the young person's choice over which service to access should be at the centre of deciding the most appropriate service for delivering this intervention. There can be no hard and fast rule over decision making for whether this is delivered by the CAMHS or the AMHS/LD services. However, the following table should underpin the decision making process to ensure that the young person's needs are met in a timely and proactive manner.

Age of Young Person	Current status with LPFT	Crisis team responsible for responding to the current crisis	Pathway following first contact
18 years +	Still in Transition from CAMHS	Adult CHRT or LD CHAT	Liaison with the CAMHS core team but remain with Adult CHRT or LD CHAT
17 years 9 months	Not known to CAMHS or closed for over 6 months	Adult CHRT or LD CHAT	Continue with adult pathway and being seen by Adult Services
17 years 9 months	Open to CAMHS or closed with last 6 months	First contact CAMHS C&HT	If second contact required, this should be a joint appointment and transition should be started.
17 years 6 months to 9 months	Not known to CAMHS or closed for over 6 months	First contact CAMHS C&HT	Short term remain with CAMHS C&HT. Requiring ongoing intervention, this should be taken to an interface meeting to discuss the most appropriate service to meet the YP's need.
17 years 6 months to 9 months	Open to CAMHS	CAMHS C&HT	If transition plan in place, add crisis to the plan. If no planned transition, remain with CAMHS until discharge.
Under 17 years 6 months	And not open to Adult Services	CAMHS C&HT	As per standard pathway into CAMHS.
17 years +	Open to CAMHS with known LD or ASD	CAMHS C&HT	If known to require frequent crisis and home treatment input, transition and joint working should commence with Adult LD CHAT.
16 +	Open to Adult MH or LD or Psychological Therapies	Adult CHRT or LD CHAT	The young person should remain with adults service unless they are requesting CAMHS. CAMHS will provide advice if required. Should it be deemed that CAMHS is a more appropriate service this should be taken to an interface meeting.

Should the young person require inpatient admission as a result of the assessment during the crisis intervention, then the young person opinion should be sort over whether a CAMHS or AMHS/LD bed should be sort. Collaborative discussions should take place between the CAMHS and AMHS/LD to ensure the best outcome is achieved for the individual in the most timely way.

Transition from CAMHS to primary care and non-CCG commissioned services.

If a young person is being discharge from CAMHS because they have reached a certain age, and not because their needs are met, then this continues to be a transfer of care. A receiving service will need to be identified which will usually be the patient's GP (but occasionally could other health care providers or voluntary sector services). A discharge plan will need to be formulated 6 month prior to discharge and shared with the young person and primary care (the receiving service). On discharge, all relevant information, in the form of a discharge summary, is passed onto primary care and shared with the young person concerned.

This Transition Protocol will apply to all services which interface with LPFT CAMHS. These include:

- 1. Adult Mental Health Services
- 2. Eating Disorder Service
- 3. Early Interventions in Psychosis Service
- 4. Learning Disability Service
- 5. Children currently under the Umbrella of Neurodevelopmental Disorders.

Main LPFT Policies and Documents Relevant to this protocol

- 1. Interface Meeting Terms of Reference
- 2. Clinical Care Policy
- 3. CAMHS Referral Criteria
- 4. Step2Change Referral Criteria
- 5. Eating Disorders Service
- 6. Eating Disorders Service Referral Criteria and Referral Form
- 7. Early Interventions in Psychosis Pathway.

All relevant services need to ensure that their current operational model is in keeping with the CAMHS to AMHS/LD Protocols.

References:

February 2016

NICE

"Transition from children's to adults' services for young people using health or social care services"

February 2011

Governmental Mental Health Strategy

"Careful planning of the transfer of care between services will prevent arbitrary discontinuities in care as people reach key transitions"

"Planning for transition early, listening to young people and improving their self-efficacy"

2011

LPFT Transition Protocol Children's Services to Adult Services

March 2010

Policy and Protocol for the transition of young person's passing from CAMHS to AMHS and other provisions in the East Midlands

2006

National Service Framework for Children, Young People and Maternity Services Standard 9 – The Mental health and Psychological Well Being of Children and Young People "Services ensure that young people experience a smooth transition of care between child and adult services and protocols are in place to ensure a flexible and organised approach is taken"

2004

National Service Framework for Children, Young People and Maternity Services Standard 4

"When the Mental health care of a young person is transferred to services for working age adults, a joint review of the Young Person's needs must be undertaken to ensure that effective handover of care takes place."