

LINCOLNSHIRE JOINT HEALTH AND WELLBEING STRATEGY – DELIVERY PLANS FOR 2023/24

CARERS PRIORITY

| Action | How will we know it's working? | Relevant Strategy / Action Plan | To be delivered by | Lead Organisation(s) |
|---|---|---------------------------------|--------------------|---|
| Plan on a page to be published and communicated across the system | When we complete next year's assurance reporting | JLWHS | Sept 2023 | Carers Priority Group |
| Officially sign off MOU and promotion of the Lincolnshire Carers MOU | Evidence of its use to promote a more integrated approach to supporting Carers. The Carers delivery board will use an activities template asking for narrative when its used and how. | | Review March 2024 | Carers Priority Group |
| Seek owners for the three top priorities. <ul style="list-style-type: none"> • Employment /Workforce • Whole Family approaches • Digital | Activity update from each working group on a quarterly basis. | | Review March 2024 | Carers First LCC Other leads to still be confirmed |
| NHSE&I System Survey Ensure a collaborative robust process is established | Maturity Matrix | | On- going | Carers Priority Group |
| National Commitment to Carers ambitions by 2024. As a collective group identity and agree which ones Lincolnshire can adopt and measure progress | Capturing evidence of outcomes relating to the 5 ambitions. | | | Carers Delivery Group |
| Develop and launch digital platform | Number of users, user feedback, growth in network | ICS System Carers Plan | Launch In June | ICS |
| Define standardised definition of "what is carer" | Improvement in carers support in each organisation. Recognition of carers who didn't see themselves as carers. Standardised Processes and Policies to support Carers | ICS System Carers Plan | June | ICS |

DEMENTIA PRIORITY

| Action | How will we know it's working? | Relevant Strategy / Action Plan | To be delivered by | Lead Organisation(s) |
|--|---|---|--------------------|----------------------|
| <p>To have a new Joint Dementia Strategy and action plan with staged and deliverable goals. Key focus of the new strategy will be:</p> <ul style="list-style-type: none"> • Prevention of avoidable cases of dementia • Improving experience of people being diagnosed and living with dementia. • Championing participation, innovation, and research <p>The plan will be overseen and supported by the Lincolnshire Dementia Programme Board and its constituent members. The goals will have assigned responsible leads for delivery and reporting to the DPB and the MHDLD board.</p> | <p>People's experience of being diagnosed and living with dementia improved.</p> <p>Reduced the number of people experiencing crisis and inappropriate hospital admissions.</p> <p>Improved access to services for frail people and people with dementia in all areas of the County</p> <p>Developed Frailty and Dementia core competencies and have a workforce that feels supported.</p> <p>Surveys, case studies, patient and customer feedback, and evidence-based practice/data.</p> | The new Joint Strategy for Dementia in Lincolnshire and Action Plan | | LPFT/ICB/LCC |
| <p>To have an established DPB subgroup from the Voluntary, Community and Social Enterprise (VCSE) to support the development of the strategy and delivery of the action plan.</p> <p>To establish a cooperative cross service approach to the provision of dementia support within Lincolnshire that enables a 'collaborative network' approach.</p> | <p>Improved access to personalised pre and post diagnostic support and carer support, at the point of diagnosis to end of life care, by working in partnership with Primary and Secondary Care and Voluntary, Community and Social Enterprise (VCSE)</p> <p>Surveys, Carers</p> | The new Joint Strategy for Dementia in Lincolnshire and Action Plan | | LPFT |

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| Have an established network of people with lived experience to ensure greater engagement in understanding the needs of people living with dementia, families, and carers, that supports the codesign and delivery strategy/action plan, and services. | Having a strategy and action plan that has been coproduced by people with lived experience that identifies the needs of people and local communities, and that addresses the health inequalities across Lincolnshire | Dementia Strategy/Action Plan | | LPFT |
| Recovery of Dementia Diagnosis Rate (DDR) | Increase in DDR across Lincolnshire as recorded by dementia QoF. | DDR Plan on a page, Action log and Risk register. | | ICB |
| Reduction of Inappropriate prescribing of Antipsychotics for dementia patients | Reduction in prescribing rates In line with National average Maintaining/improving rate of pre-covid level | Plan on a page, Action log and Risk register | | ICB and LPFT |
| Prevention Strategy- to have policies and a prevention offer/resources across all our health on reducing the risk factors of getting dementia and delaying the onset of dementia. Support to health and care professionals prevent ill health and promote wellbeing | Increased number s of people being referred to and accessing support from commissioned service/s One-You Lincolnshire. Social prescriptions to encourage people identified at risk to engage in a range of social activities. Targeted Resources and campaigns for people at risk of developing frailty and dementia. Case Studies and evidence-based feedback from H&C services | Prevention Action plan and Dementia Strategy | | Public Health |
| To develop a specialist Young Onset Dementia pathway for Lincolnshire that better supports working age adults diagnosed with YOD | Case studies, patient and customer feedback, and evidence-based practice/data Development of age-appropriate services and support | Dementia Strategy/Action Plan | | LPFT T&F Group for YOD |

HEALTH WEIGHT PRIORITY

| Action | How will we know it's working? | Relevant Strategy / Action Plan | To be delivered by | Lead Organisation |
|---|--|---|--------------------|---|
| Gloji Energy, One You Lincolnshire Deliver first year of Gloji Energy, Lincolnshire's new child weight management service | <ul style="list-style-type: none"> • Overweight and very overweight children attain healthy weights. • Families complete the programme. • Target schools are engaged. • Referral pathway from NCMP works. • Feedback on service take up to NCMP. • Positive child and family feedback • Referrals from appropriate health and education professionals | Joint Health and Wellbeing Strategy ICP Interim Strategy 2023 | | Provider: Thrive Tribe Commissioner: LCC Public Health |
| Gloji Energy, OYL Develop plans to evaluate Gloji Energy | <ul style="list-style-type: none"> • Children and families engage with the Healthy Lifestyle Pathway • Health Inequalities are addressed. • Service is effective and valued by children, families, and professionals alike | Healthy Weight Priority, JHWS (Healthy Weight Delivery Plan) | | Provider: Thrive Tribe Commissioner: LCC Public Health |
| One You Lincolnshire Improve referrals and signposting from Primary Care through development of OYL Primary Care Champions and improved referral pathways | <ul style="list-style-type: none"> • Referrals and signposting via Primary Care • Referrals from: <ul style="list-style-type: none"> ○ Obesity Register ○ NHS Healthchecks ○ National Diabetes Prevention Programme | | | Thrive Tribe |
| One You Lincolnshire Continue to deliver a programme of adult healthy weight management options | <ul style="list-style-type: none"> • Weight management targets are met. • Health inequalities are addressed. • Positive preventative outcomes are achieved: adults engaging with the service improve their healthy weight, drink less and move more. • High levels of satisfaction • High levels of sustaining outcomes | | | Thrive Tribe |

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| Holiday Activity Fund programme Continue to deliver a high-quality Holiday Activity Fund programme | <ul style="list-style-type: none"> • Maintain or increase engagement of children and young people in club activity. • Regional and national recognition for achievements | | | LCC |
| NDPP Continue to deliver a 2023-4 face-to-face, group based programme, tailored remote service for specialist groups and digital service. Update and upskill colleagues in Primary Care on referral criteria, programme format and having difficult conversations. Raise awareness to patient groups of benefits of participation. | <ul style="list-style-type: none"> • Programme uptake • Patient weight lost. • Increased referrals to the programme as a result of: <ul style="list-style-type: none"> ○ Primary / Secondary Care invitation. ○ Patient self-referral, informed by the NHS App ○ NHS Healthchecks ○ Initiatives to address health inequalities. | | | Commissioner: NHS Lincs ICB, Fiona Thornton |
| Healthy Weight Partnership Support system wide collaboration to maximise healthy weight in adults and children through the establishment of the Healthy Weight Partnership and an operational officers' group | Group membership adds value to individual service activities. Members value the group. Profile of healthy weight agenda is raised. | | | Lincolnshire County Council |

HOUSING AND HEALTH PRIORITY

| Action | How will we know it's working? | Relevant Strategy / Action Plan | To be delivered by | Lead Organisation |
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| We will review the evidence base and develop analysis to maintain an up-to-date picture of demand for homes with care and support and preferred locations and clarify the priorities for future investment | Accessing resources to support with data gathering; ability to link demand with care and support and delivery; by publishing an extra care housing delivery programme | Homes for Independence Blueprint | | Greater Lincolnshire Affordable Housing Group |
| We will make a strong case for investment in housing to reduce health and care costs | Understand any reduction in care costs through housing initiatives; by understanding and mapping local services that support independence; greater understanding of any gaps in service and national best practice; the creation of a business case for preventative intervention; development of a HHCDG communication plan | Homes for Independence Blueprint | | Lincolnshire Healthy and Accessible Homes Group |
| We will improve our understanding of housing conditions in Lincolnshire, the impact on physical and mental health, and the potential cost of poor housing to health, care, and society | Greater understanding of housing conditions in Lincolnshire, the impact of poor condition homes; completion of a health impact assessment and a targeted plan to mitigate health impacts of poor condition homes; greater knowledge of extent of damp/mould issues and indoor air pollution | Homes for Independence Blueprint | | Lincolnshire Healthy and Accessible Homes Group |
| We will maximise the financial resources available to tackle poor housing standards and ensure they are effectively targeted | Measure the impact of improved housing standards on those with specific health conditions; development of interventions to support energy efficiency; implementation of a discretionary housing assistance policy; consideration of other sources of financial support such as ethical equity release | Homes for Independence Blueprint | | Lincolnshire Healthy and Accessible Homes Group |

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| We will make best use of enforcement powers available across different organisations to target criminal landlords | Development of a protocol between districts and Trading Standards; broaden protocol relating to HMOs to all housing | Homes for Independence Blueprint | | Lincolnshire Housing Standards Group |
| We will facilitate quality, choice, and diversity of housing for people with care and support needs | Provision of universal housing advice across all services; improvement of housing and hospital interface | Homes for Independence Blueprint | | Lincolnshire Healthy and Accessible Homes Group |
| We will achieve a proportional move towards maximising independence for working-age adults and older people needing care | Implementation of the Specialist Adult Accommodation Strategy; development of the Accommodation Sourcing Subgroup; review of hoarding protocol and development of pilot service | Homes for Independence Blueprint | | Lincolnshire Healthy and Accessible Homes Group |
| We will address the underlying causes leading to homelessness whilst still providing appropriate support and housing for those who need it | Development of a joint agency protocol for those with no recourse to public funds | Homes for Independence Blueprint | | Lincolnshire Homelessness Strategy Partnership |
| We will increase units of single person accommodation to house those who would otherwise be sleeping rough | Development of proposals and bids for the Single Homeless Accommodation Programme; delivery of the Rough Sleeper Accommodation Programme | Homes for Independence Blueprint | | Lincolnshire Homelessness Strategy Partnership |
| We will strengthen healthcare inclusion services for homeless people across the county | Embed VCS services in mainstream inclusion health services; development of support services for vulnerable people; continue and embed NHS and mental health support following Everyone In | Homes for Independence Blueprint | | Lincolnshire Homelessness Strategy Partnership |
| We will ensure services to support people to remain living in their current home complement each other as a system-wide approach | Recruitment of Lincolnshire Strategic Lead; exploration of potential of digital equipment by consideration of combining DFG resources | Homes for Independence Blueprint | | Lincolnshire Healthy and Accessible Homes Group |

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| We will develop a seamless, customer-friendly 'one-stop shop' to deliver cost effective services with the person at the centre | Exploration of the role of the Wellbeing Service; continuation of work to potentially deliver a Good Home Alliance; creation of a one stop shop for aids and equipment; pilot stairlift delivery via LCES, development of a Housing MOT; development of a consistent approach to damp and mould issues across all tenures | Homes for Independence Blueprint | | Lincolnshire Healthy and Accessible Homes Group |
| We will make best use of digital technologies to enable homes for life | Greater understanding of the support offered by digital enabled homes | Homes for Independence Blueprint | | Lincolnshire Healthy and Accessible Homes Group |
| We will influence delivery of new-build housing to provide greater choice of homes with care and support across all tenures | Influencing local land plan to support housing needs; development of a new build programme to support independence, incorporating extra care, consideration of mechanisms to offer design and build opportunities to those with disabilities and complex needs | Homes for Independence Blueprint | | Greater Lincolnshire Affordable Housing Group |
| We will support more people with care and support needs to access social and private rented homes | Review of working practices between organisations; investigate the feasibility of establishing a Social Letting Agency | Homes for Independence Blueprint | | Lincolnshire Healthy and Accessible Homes Group |
| We will provide more extra care housing of different levels to meet demand | Progress the extra care housing and build out schemes | Homes for Independence Blueprint | | Greater Lincolnshire Affordable Housing Group |

MENTAL HEALTH (ADULTS) PRIORITY

| Action | How will we know it's working? | Relevant Strategy / Action Plan | To be delivered by | Lead Organisation |
|---|---|---|--------------------|-------------------------|
| Data and Intelligence – ongoing analysis of Real Time Suspected Suicide Surveillance and other data sources with particular focus on thematic/qualitative analysis and capturing attempted suicides to inform prevention strategy and commissioning decisions. | Timely response and support to communities Range of emerging trends and issues identified and used to inform prevention and commissioning. Annual audit published | Suicide prevention strategy – Lincolnshire County Council | December 2023 | LCC - PHI |
| Postvention – Working with partners to fully integrate Amparo (Suicide Bereavement Service) to Lincolnshire system by raising awareness of the offer, strengthening referral pathways and continually develop the service to meet population needs. | Increased number of referrals from variety of sources. Positive customer feedback. Service proven to meet expected quality standards set by Support After Suicide Partnership (SASP) framework. | Suicide prevention strategy – Lincolnshire County Council | December 2023 | NHS ICB |
| Children and Young People (CYP) – to develop a specific response plan to child suicide in Lincolnshire (including clear actions for organisations and lines of communication) and rolled out tiered training model for suicide prevention to Lincolnshire workforce supporting CYP. | A Plan developed with clear lines of communication, and clear actions for organisations to take at an agreed appropriate time. Tiered training model on CYP self-harm/suicide prevention developed and rolled out. | Suicide prevention strategy – Lincolnshire County Council | December 2023 | LCC - CICT |
| Awareness and training – support development of county wide suicide prevention campaign and online resources developed as part of Wave 3 Suicide Prevention Community Innovation Fund and provide a specific suicide prevention | Suicide prevention campaign developed and adopted across the county by range of organisations. Training commissioned and rolled out increasing awareness and skills in community. | Suicide prevention strategy – Lincolnshire County Council | December 2023 | Shine/LCC Public Health |

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| training to professionals and volunteers delivering projects to most at risks groups. | | | | |
| To develop and agree next Lincolnshire Suicide Prevention Strategy considering local intelligence and key priorities identified by the national strategy. | Strategy developed, agreed, and published | | | LCC – Public Health |
| Strength Based Community Assets Development | Increase in VCSE initiatives, projects, and support, capturing outcomes and training offer fully mobilised; expansion of night light cafes. | NHS England Long Term Plan; Mental Health Implementation Plan | Adult Community Transformation Programme | LPFT/ICB |
| Locality Based Mental Health Teams | Integrated Primary Care pathway in place; locality mental health teams fully integrated and constituted | NHS England Long Term Plan; Mental Health Implementation Plan | | LPFT |
| Specialist Services Development | Dedicated focus services rolled out countywide; Early Intervention in Psychosis and Individual Placement and Support services built into the continuum of care | NHS England Long Term Plan; Mental Health Implementation Plan | | ICB/LPFT |
| Overarching deliverables including health inequalities and population health management and embedding trauma informed care | Improvement in access, experience, and outcomes for all; greater understanding of the drivers behind mental health inequalities and how these are manifested across Lincolnshire; Improved access to physical health checks for those with serious mental illness. | NHS England Long Term Plan; Mental Health Implementation Plan | | ICB/LCC (public health)/LPFT |

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EMOTIONAL WELLBEING AND MENTAL HEALTH (CYP) PRIORITY

| Action | How will we know it's working? | Relevant Strategy / Action Plan | To be delivered by | Lead Organisation |
|---|--|---|---|---------------------------------------|
| Undertake a comprehensive CYP Mental Health Review and Transformation Programme | Highlight reports presented at Programme Oversight Group and escalation reports to Mental Health Joint Delivery Group | Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan | Review – March 2024 Transformation – August 2027 | LCC (Commissioner) LPFT (Provider) |
| Increase investment in early, low/moderate intervention and more preventive and community support for CYP, with growth in use of Voluntary, Community & Social Enterprise (VCSE) sector delivery/ community asset development | Increase in access to CYP mental health services. Demonstrate investment in CYP mental health services. Pilot CYP grants programme with VCSE sector and increased access via community support | CYP Mental Health Transformation Programme Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan | March 2024 | LCC (Commissioner) LPFT (Provider) |
| Continue roll-out of Mental Health Support Teams in Lincolnshire as part of national programme with schools/colleges | Successful go live of Wave 7 and 8 sites in Lincolnshire, and recruitment to Wave 10 team | Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan | March 2024 | LCC (Commissioner) LPFT (Provider) |
| Further strengthen CAMHS offer with increased capacity to meet demand and address waiting lists | Reduction in number of CYP waiting for support and particularly those waiting more than 12 weeks for treatment | Lincolnshire's Local Transformation Plan | March 2024 | LCC (Commissioner) LPFT (Provider) |

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| | | Lincolnshire Integrated Care System 2023/24 System Plan | | |
| Increase eating disorder workforce capacity to respond to the significant increase in volume and acuity of eating disorder referrals, to meet the national access and waiting time standards | Achievement of national waiting time standards for CYP referred to the Eating Disorder Service (4 weeks routine and 1 week urgent) | Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan | March 2024 | LCC (Commissioner) LPFT (Provider) |
| Pilot an evidence-based specialist pathway for CYP with Avoidant or Restrictive Food Intake Disorder | Recruitment to posts and successful implementation of pathway in Lincolnshire | Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan | March 2024 | LCC (Commissioner) LPFT (Provider) |
| Further improve physical health monitoring for CYP with an eating disorder in Lincolnshire | All CYP are able to access appropriate monitoring | Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan | March 2024 | LCC (Commissioner) LPFT (Provider) |
| Continue to improve transition pathways for 18 to 25-year-old's | Redesigned transition pathways and fewer reports of 18-25-year-olds being discharged purely based on age, supported into appropriate adult provision | Lincolnshire's Local Transformation Plan | March 2024 | LCC (Commissioner) LPFT (Provider) |

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| | | Lincolnshire Integrated Care System 2023/24 System Plan | | |
| Continue to implement and embed CYP Complex Needs Service, CYP Keyworking, and Urgent Care Pathway inpatient monitoring and discharge planning | Increased number of complex CYP accessing support via Complex Needs Service Number of CYP with Learning Disabilities and/or Autism at risk of hospital admission or inpatient supported by a Keyworker More effective discharge planning and fewer bed days | Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan | March 2024 | LCC (Commissioner) LPFT (Provider) |
| Improve pathways from primary care through Primary Care Mental Health Practitioner Additional Reimbursement Roles pilot | Number of CYP Additional Reimbursement Roles recruited and number of contacts via Primary Care Networks | Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan | March 2024 | LCC (Commissioner) LPFT (Provider) |
| Oversee digital crisis pilot across Lincolnshire Partnership NHS Foundation Trust CYP mental health services and Kooth | Evaluation and KPIs for pilot No of CYP supported via digital crisis support, improvement in paired outcome scores | Lincolnshire's Local Transformation Plan | December 2023 | LCC |
| Oversee roll-out of Suicide First Aid training to key CYP workforce across Lincolnshire | Evaluation of training by attendees following training and 6 month's post-training | Suicide Prevention Steering Group action plan | August 2024 | LCC |
| Continue to oversee and implement relevant actions to improve CYP suicide prevention | Monitoring of actions as part of CYP Suicide Prevention group and feedback from members/families | Suicide Prevention Steering Group action plan | March 2024 | LCC |

PHYSICAL ACTIVITY PRIORITY

| Action | How will we know it's working? | Relevant Strategy / Action Plan | To be delivered by | Lead Organisation |
|--|--|---------------------------------|--------------------|----------------------|
| Delivery of district Health and Wellbeing Strategy priorities for PA (Districts) | Assurance and monitoring by Districts | District HWB strategy | On-going | Districts |
| Re-commissioning the Healthy Lifestyle Service (Public Health) | Reporting and monitoring of client data | HWB strategy | March 2024 | Public Health |
| Embedding PA in health and care systems and pathways (PH, ICB & AL) | Evaluation and impact monitoring | LML & HWB strategy | On-going | Active Lincolnshire |
| Delivery of Year 2 of Opening Schools Facilities Programme (AL) | Numbers of people using new / updated facilities | LML | March 2024 | Active Lincolnshire |
| Launch of 'Street Tag', connecting communities through digital trails (AL) | Numbers of people engaging with the trails | LML | March 2024 | Active Lincolnshire |
| Support physical activity sector with training and skills development (AL) | New and relevant physical activity products being made available | LML | March 2024 | Active Lincolnshire |
| Strength & Balance service launching (OYL) for over 60's. | Number of people engaged in the service and reduced falls | HWB strategy | March 2024 | One You Lincolnshire |